

# MTCS Early Learning Center Lunch Menu (sample)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Ham Slice Mac and Cheese Green Beans Biscuit	2 Waffle Sticks Tater Tots Bacon Oranges	3 Country Fried Steak Mashed Potatoes Green Beans Biscuit-Cake	4 Chicken Quesadillas Spanish Rice Pinto Beans Apple Crisp	5 Hot Ham & Cheese Sub Chips Fruit	6
7	8 Crisp Chicken Wrap Carrot Sticks Apples	9 Lasagna Tossed Salad Bosco Stick Fruit	10 Hot Dogs/Chili Fritos Fruit Cookie	11 Chicken Tenders Mac and Cheese Green Beans Banana Pudding	12 Baked Ziti Salad Garlic Toast Fruit	13
14	15 Beef Nachos Corn Refried Beans Churros	16 Mini Corn Dogs Chips Baked Beans Fruit	17 Chicken Sandwich Curly Fries Jello-Fruit	18 Meat Loaf Mashed Potatoes Corn Bread Lima Beans	19 Pizza Fries Salad	20
21	22 Chicken Parmesan Broccoli Fruit Roll	23 Ricks BBQ Chips Baked Beans Cookie	24 Spaghetti w/ Meat Sauce Salad Garlic Toast	25 Chicken Biscuit Mashed Potatoes Fried Okra Cookie	26 Hamburger Fries Fruit	27
28	29 Chicken Tetrazzini Green Peas Roll Cookie	30 Pizza Fries Fruit Cookie				